YOUTH SEPVICES NOTES

Week of March 16, 2015

No. 200

Roanoke County Public Library

Winter Reading Program Kickoff: "Pancakes and Pajamas"

At Roanoke County we did a kickoff event for our Winter Reading Program called "Pancakes and Pajamas." We acted out Curious George Makes Pancakes, sang 5 Little Monkeys, and did a flannel story version of If you Give a Pig a Pancake. After storytime we made pancakes, we provided syrup but asked parents to bring a topping to share. We made a standup Curious George for photo ops as well. It was a lot of fun, and helped our Winter Reading sign ups too! The pictures are from our South County Library event. We were able to do this program at all of our libraries even our smallest ones, as long as you have room for a plug in griddle. — Wendy B. Rancier, Youth Services Divisional Librarian







Northumberland Public Library

Summer Teen Intern Grant

We got the YALSA/Dollar General Summer Reading Teen Intern Grant this year for \$1000. We were the only library in VA receiving this grant! Intern applications are coming in, and we are very excited about being able to pay our teen interns this summer for the first time EVER. We have plans to use them as assistants with Read to the Dogs, Story Hours, Special Family Events, Lego Builds, Bookmaking Class, Readers Theater, Space Camp and more!

– Jan Bates

Other Recipients of the 2015 Summer Teen Intern Grant

The Young Adult Library Services Association (YALSA) has chosen 20 libraries to receive its 2015 Summer Teen Intern grant. The grant will allow libraries to hire teen interns to assist in the implementation of their summer reading/learning programs, while also helping teens gain real world work experience and develop professional skills. Each grant is worth \$1,000. The grant is possible through the generous sponsorship from The Dollar General Literacy Foundation.

The recipients are as follows:

- Alexandra Annen, Homer Township Public Library; Homer Glen, Illinois
- Julianne Bates, Northumberland Public Library; Heathsville, Virginia
- Donna Block, Niles (Illinois) Public Library District
- Tiffany Boeglen, Charlotte (North Carolina) Mecklenburg Library;
- Stephanie Charlefour, Wixom (Michigan) Public Library
- Emily Childress-Campbell, The Public Library of Johnston County; Smithfield, North Carolina
- Kim Farnsworth, Madelyn Helling Library; Nevada City, California
- Tanya Finney Estrada, Waterford Township Public Library; Atco, New Jersey

(Continued on page 6)



Youth Services Notes

is issued weekly by

Enid Costley

Children's and Youth Services Consultant Library Development and Networking Library of Virginia

800 East Broad Street

Richmond, Virginia 23219-1905

Phone: 804.692.3765 Fax: 804.692.3771

E-mail: enid.costley@lva.virginia.gov **Extranet:** www.vpl.virginia.gov

Financial support is provided by IMLS.

The Institute of Museum and Library Services is the primary source of federal support for INSTITUTE of the nation's 123,000 MuseumandLibrary libraries and 17,500

grant making, policy development, and research, IMLS helps communities and individuals thrive through broad public access to knowledge, cultural heritage, and lifelong learning. This newsletter project is made possible by a grant from the U.S. Institute of

Museum and Library Services.



for the photos and information!

museums. Through

- Kristin Wenger, Blue Ridge Poison Center
- Jennifer Shepley, James Hudson, Chesterfield County Public Library \Diamond
- Nancy D. Schaff, Child & Youth Reintegration Support Camps
- Jan Bates, Northumberland Public Library
- Wendy Rancier, Roanoke County Public Library
- And the usual suspects—ALA, PUBYAC, Lunar and Planetary Institute, Read Aloud for 15 Minutes



Dates to Remember

Virginia Conferences

March 12-14, 2015	Virginia State Reading Association Conference	Richmond
March 24-26, 2015	Virginia Head Start Association Conference	Abingdon
October 21-23, 2015	Virginia Library Association Annual Conference	Richmond

National Conferences

June 25-30, 2015.......American Library Association Annual Conference......San Francisco

Training		
March 16, 2015	Music and Movement WorkshopM	echanicsville
	Early Reading Instructional Strategies and Resources (VDOE & LVA)	
	Early Reading Instructional Strategies and Resources (VDOE & LVA).C	
March 27, 2015	STEM Workshop with Science Museum of Virginia	Bedford
March 31, 2015	Storytime Share-n-Tell	Martinsville
April 10, 2015	STEM Workshop with Science Museum of Virginia	Danville
April 17, 2015	STEM Workshop with Science Museum of Virginia	Lebanon

Blue Ridge Poison Center

National Poison Prevention Week March 15-21, 2015 is

National Poison Prevention Week!

Established by congress in 1962, NPPW is a great time to focus on the problem of poisoning; to encourage families to learn about poisoning prevention; and to remind people what to do if they suspect someone may have touched, inhaled, or swallowed something harmful.

Poisoning: A Public Health Epidemic

The Virginia Department of Health's Center for Injury and Violence Prevention has reported that poisoning consistently lands in the top 3 causes of injury hospitalizations and injury deaths every year. Any substance can be poisonous if you are exposed to too much or in the wrong way. The leading causes of poisoning include many things which are readily found in most homes, such as cleaning products, pesticides, and medicines. The tables below list the top 15 substances that resulted in a poisoning nationwide in 2013.

Top 15 Sources of Poison Exposures*

- Analgesics
- 2. Cosmetics/Personal Care substances
- 3. Cleaning Products
- 4. Sedatives/Hypnotics/Antipsychotics
- 5. Antidepressants
- 6. Foreign bodies
- 7. Cardiovascular drugs
- 8. Antihistamines
- 9. Topical preparations
- 10. Pesticides
- 11. Alcohols
- 12. Vitamins
- 13. Cough and cold preparations
- 14. Envenomations (bites, stings)
- Stimulants and street drugs

*source: American Association of Poison Control Centers Annual Report 2013 [www.aapcc.org]

Only 20% of poison exposures are considered *intentional*, including cases of suicidal gesture, intentional misuse of products, and abuse of drugs and other substances. **The vast majority of poisonings (80%) are due to** *unintentional* **exposures**. Some common scenarios reported to poison centers are below:

- A woman takes her husband's prescribed medicine instead of her own by mistake.
- A toddler grabs a bottle of laundry detergent from a basket and swallows a mouthful.
- A man reaches for a bottle of rust remover and accidentally sprays himself in the face.
- A woman drinks from a soda bottle she finds in the pantry, only to discover her roommate had been using it to store lamp oil.

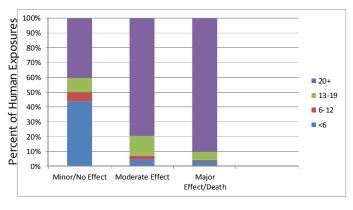
Poisoning: A Problem for All Ages

Over 2 million poison exposures are reported to poison centers nationwide each year. Half of all calls concern children under age 6, and more than 60% concern all young people under age 19. Young children are at a special risk for poisoning because they aren't able to distinguish between harmful and non-harmful substances; they explore their environment by placing objects in their mouths; and because they learn by imitating adults (whom they see handling medicines and household products). As children reach their teens, their poisoning risks grow to include suicide attempts and experimentation with substances of abuse or misuse.

However, in spite of the large number of exposures, children under age 19 were responsible for only 8% of poisoning deaths in 2013. Year after year, *the majority of fatal poisonings happen to adults* (see chart below).

Of growing concern is the number of unintentional drug overdoses. According to the U.S. Centers for Disease Control, drug overdose death rates have increased five-fold since 1990; largely due to opioid painkillers.

2014 Cases: Medical Outcome by Age Group



(Continued on page 4)

"Nothing is pleasanter than exploring a library."

~ Walter Savage Landor, 1775-1864 ~

Û

National Poison Prevention Week

Continued from page 3

Prevention Starts at Home

Like all accidental injuries, poisoning is preventable. "Poisoning prevention is not rocket science." says Kristin Wenger, Public Health Educator for the Blue Ridge Poison Center, serving Central and Southwestern Virginia and the Shenandoah Valley. "There are a number of common-sense steps that anyone can follow to keep themselves and their loved ones safe."

- Protect young children by keeping all medicines, household products, and alcohol "up and away"...out of sight and out of reach.
- Use child-resistant medicine containers whenever possible. But remember, there is no such thing as a child-proof container.
- Before taking or giving medicine, read the label carefully. Make sure you are giving the right product to the right person in the right amount at the right time. Also make sure you can see the label clearly: put on glasses if you wear them, and turn on the light if it's dark.
- Store household products and chemicals in their original, labeled containers. Drinking an unknown substance because it was being stored in something like a soda bottle is a common mistake.
- Read the labels on household products before using them, and follow all safety instructions.
- Install carbon monoxide alarms on every level of your home.

Poisoning Emergency? Get Help Fast

In spite of our best prevention efforts, accidents do happen. Knowing how to get help quickly in the event of a suspected poison exposure can save a life. Your regional poison center operates a 24-hours a day/7-days a week hotline. Calls are answered by nurses, doctors, and pharmacists with additional training and experience treating all sorts of poison exposures. These

experts have the most up-to-date and effective advice about everything from medicines, plants, household products, to industrial chemicals, venomous animals, inhalation exposures, and more.



Call 1-800-222-1222 right away, even if you

aren't sure an exposure has occurred, or if there are no obvious symptoms. "People are sometimes afraid to

call because they don't want to bother the experts," Wenger says, "or because they are embarrassed. We want people to know that the poison center experts are people too. We all make mistakes. We don't judge people, we don't report people to the authorities, we understand, and we want to help you. There is no question too small or too bizarre."

The number works everywhere in the country, as calls are routed to the center assigned to that region much the same way that 9-1-1 calls are routed to the correct dispatch center. Calls are completely confidential and FREE.

Who Uses the Poison Center?

Poison centers handle calls from the general public, worried parents, schools, senior care providers, workplaces, police, pharmacists, fire and rescue personnel, and even doctors and nurses who need expert advice in treating poisoned patients at their own facilities. A caller does not need to have a suspected medical emergency; centers also answer questions about poison safety, including questions about the safe use of prescription and over-the-counter medicines.

Poison Centers also have public health educators on staff who teach poisoning prevention to people of all ages, and boarded medical toxicologists who perform research and teach other healthcare providers about managing poisoned patients. Contact your regional center if you want more information about public or professional education in your facility or community: 1-800-222-1222.

Poison Centers: A Good Value for Virginia

Many of the counties in Virginia are also designated Medically Underserved Areas by the Virginia Department of Health. With such limited resources, rural communities in particular can benefit from the fact that all poison center services are free. Most of the time (over 80%), callers can be guided to treat their poisoning at home, avoiding a costly trip to the doctor. It is estimated this saves Virginians millions of dollars in unnecessary medical bills annually! Studies also show that hospital patients managed with poison center expertise experience shorter hospitalizations and better outcomes.

Every Week is National Poison Prevention Week

Having the number near every phone is crucial, so valuable time is not wasted trying to find it in an emergency. Libraries can request bulk amounts of magnets, stickers, and other items that feature the poison center number to distribute to their clients. Your regional poison center may have other materials

(Continued on page 5)

National Poison Prevention Week

Continued from page 4

or program ideas to help you offer prevention advice as well. National Poison Prevention Week is a great time to feature poisoning prevention activities, but poisoning is a year-round problem, so don't hesitate to plan activities even if it's too late for you to present them during NPPW. To discuss programs, or to request materials, contact your poison center at 1-800-222-1222 and ask for the Educator.

Kristin L. Wenger

Education Coordinator Blue Ridge Poison Center University of Virginia Health System Box 800-774 Charlottesville, VA 22908 434-982-4386 klw2s@virginia.edu

Follow us on Twitter: @blueridgepoison

Visit our website for poison safety information and free materials!

http://www.brpc.virginia.edu

For immediate, confidential help in the event of a suspected poisoning: 1-800-222-1222



Mini-Maker Fest at Meadowdale Library

On Saturday, March 7, CCPL's Meadowdale Library held a Mini-Maker fest. Activities included snap circuits, balloon rocket races, art bar, LEGO free build, origami, constructing chain mail, and demonstrations of the library's 3D printer. Attendees ranged in age from 3-75.

Jennifer Shepley













Summer Teen Intern Grant

Continued from page 1

- Joanna Goldfarb, Ethelbert B. Crawford Public Library; Monticello, New York
- Jennifer King, Great Bend (Kansas) Public Library
- Diane Loomis, Tuxedo (New York) Park Library
- Melanie Lyttle, Madison (Ohio) Public Library
- Chantell McDowell, Worcester (Massachusetts) Public Library
- Alyssa Newton, Onondaga Free Library; Syracuse, New York
- Stacey Ogea, Public Libraries of Saginaw (Michigan)
- Olivia Olson, Troy (Michigan) Public Library
- Janae Pitts-Murdock, Memphis (Tennessee) Public Library & Information Center
- Jasmine Richard, Lafourche Parish Public Library -South Lafourche; Cut Off, Louisiana
- Dan Thorson, Crete (Illinois) Public Library District
- Robyn Vittek, St. Clairsville (Ohio) Public Library

To learn more about the grant and summer reading/ learning, please visit the **Summer Reading & Learning** website (http://summerreading.ning.com/), an online space where educators, library workers and out-ofschool-time providers can find and share helpful summer reading and learning resources.

For years, the Dollar General Literacy Foundation has provided Youth Literacy Grants to schools, public libraries, and nonprofit organizations in hopes to provide assistance in implementing and expanding literacy programs for youth. For more information about Dollar General and its Youth Literacy Grants, visit http://www.dollargeneral.com.

ALA Press Release, February 24, 2015



Child & Youth Reintegration Support Camps

Camps for Military Kids

Registration is now open for the camps listed below (flyers attached). These camps are open to military connected youth who have a parent/loved one in any phase of the deployment cycle.

Military Kids Marine Science Camp, May 8-10, Ages 9-13 Military Kids Espionage Camp, June 5-7, Ages 12-15 Military Teen Adventure Camp, June 21-25, Ages 13-17

The Child & Youth Reintegration Support Camps are funded through a partnership of the Department of Defense, Office of the Secretary of Defense, Military Community & Family Policy, Office of Family Policy/Children and Youth and U.S. Department of Agriculture/National Institute of Food and Agriculture under Kansas State University Special Project number 2014-48713-

Email from Nancy D. Schaff, March 13, 2015



STAR Library Education Network

Share Your Key Needs/Opportunities/ Barriers for STEM Library Programming!

The Space Science Institute's (SSI) National Center for Interactive Learning (NCIL), in partnership with the American Library Association (ALA), the Lunar and Planetary Institute (LPI), and the Afterschool Alliance is continuing the broad implementation of the STAR Library Education Network (STAR stands for Science-Technology Activities and Resources). This National Science Foundation-funded project provides public libraries with interactive exhibits for multiple age groups and library staff training (online and in-person) on the STEM content of the exhibits, guides staff in developing complementary programming, and helps staff implement outreach activities. The STAR Net lead partners are not-for-profit institutions and organizations.



This <u>survey</u> will assess the current state of STEM programming in public libraries across the country. It will identify key needs, opportunities, and barriers to providing an effective, informal STEM learning program in a library setting. It will also assess the types of professional training that library staff feel are most valuable. The STAR Net team is also interested in learning whether there are setting-specific conditions that need to be addressed for a library staff training program to be successful, and if so, are these conditions universal and transferable across different sites? Lastly, it will provide important data on how

(Continued on page 7)



Read to the Rhythm! **Summer Reading 2015**

Survey: STEM Library Programing

Continued from page 6

libraries plan to collaborate with STEM organizations as part of their STEM program development plans.

STAR_Net's objectives for the survey are educational and non-profit in nature. The results will be shared at the Public Libraries & STEM Conference, to be held in August 2015, and widely disseminated following the conference. By sharing these results, the STAR_Net team intends to inform the collaborative efforts of public libraries, funders, STEM organizations, and researchers and evaluators in providing STEM learning experiences at public libraries. The data collected through this survey will be kept confidential to protect the identities of those participating.

The survey will take approximately 7 to 10 minutes and can be accessed at this web address:

https://cuboulder.qualtrics.com/SE/? SID=SV_a3RoGibMjnWD9Ax

Thank you for your time and input. We will be happy to answer any questions or respond to any concerns you may have. Please direct all questions and concerns to: Jim Hakala, Senior Educator, University of Colorado Museum, at james.hakala@colorado.edu

Sincerely,
The STAR_Net Team
www.STARnetLibraries.org
www.community.STARnetlibraries.org

Email from Keliann LeConte, Lunar and Planetary Institute, March 13, 2015

▼

From PUBYAC

Library Info Table Ideas

We are often asked to staff library info tables at community events. Do you have any exciting or creative ways to draw folks to your table? Do you have special give-a-ways, games, or an interactive display? I'm all ears. Thanks! Posted February 27, 2015, by Maria P. Shackles, Branch Manager, Kobetich Library, Tacoma, WA. I divided the responses into 3 basic categories; props, freebies, and activities. Thanks to everyone who contributed! Posted March 10, 2015.

PROPS

Using a puppet to attract people. I brought the Folkmanis tarantula puppet to an event at a middle school and it attracted a LOT of attention.

One of our best purchases for this purpose was a tabletop wheel of fortune type prize wheel (from

4imprint, I believe). We can load the wheel with titles of books we have to give away or with names of various promotional items we have...or be creative. The wonderful thing is that folks if all ages love to spin the wheel.

Depending on the ages, a bubble machine worked well for us at a community outing outdoors.

I made a Plinko board, with a cork bulletin board and brass nails. We've used it many times over the years and kids line up at our tables. I even changed it to a Plinko Board of Fate for a high school career day. The high school kids loved it, we filled jars with slips of paper, and kids got a slip with a kind of job on it. Some were funny, some were serious. The kids were shouting across the gym for their friends to come do it. Great fun!

When we know we will have power at an outreach event, we bring along one of those electronic photo frames. We load on lots of pictures from various cool looking programs we've done over the years, and it always draws people over to look.

We had a spinning prize wheel where in my previous library, and that was a hit. It was constructed with whiteboard material, so we would write reading related questions on it. You could customize the questions for whatever your needs are, however. People of all ages like to spin the wheel, and it gets a conversation started. They'd get a small prize for answer the question as well.

The usual book/materials display; display board with photos of library activities and events.

For some upcoming health fairs, I plan to dress as a zombie and have a sign that says "Feed Your Brain".

FREEBIES

Simple giveaways like bookmarks, coloring pages, left over summer reading prizes, candies.

We always have candy & something to hand out like library pens or sticky pads or notepads. Something with the library info on it. I find pens are very popular so are bags.

We have a table at the city's annual youth day and hand out books. You can apply for a grant at first book and only pay shipping for some great books!

Sticker pages from Oriental Trading.

Library Info Table Ideas

Continued from page 7

Raffle drawing of a book, or gift basket appropriate to the event. For example, at a children's symphony event that featured The Ugly Duckling, we gave away a couple of Ugly Duckling books and a stuffed duckling.

ACTIVITIES

We sometimes bring book related trivia questions to outreach events, and occasionally bring simple crafts as well.

I manned a table at a MOMS Group event and brought bins of LEGOs from the library. We were one of the most popular spots with the kids just plopping down and building.

Check out this blog post from Abby the Librarian. http://www.abbythelibrarian.com/2009/10/i-spy-board.html Her post inspired me to make an I Spy board like this for outreach events, and kids LOVE it! Our staff brainstormed lots of books, characters, etc. that kids go crazy for to come up with the images we wanted to include. Then we added some other fun stuff like dinosaurs, games, kids favorite foods, etc. I also added some images of our library cards so that we could ask kids to find as many as they could on the board. To make it more of a game, I made cards that kids could draw that would tell them what to find. PS - Here are a couple of other "I spy board" posts.

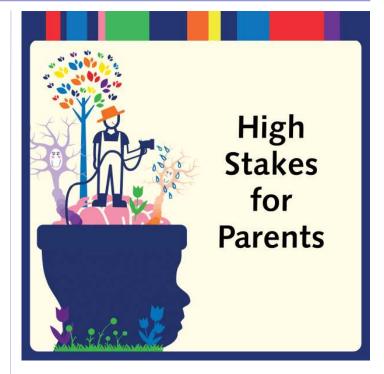
http://showmelibrarian.blogspot.com/2013/03/ school-literacy-nights-public-librarys.html http://brycedontplay.blogspot.com/2014/06/sc

Read Aloud 15 Minutes

High Stakes of Early Brain Development Intographic

We begin week 3 of our *Read Aloud Month* campaign pulse with great excitement and anticipation as we unveil our new infographic, "The High Stakes Role of Parents in Early Brain Development". The new infographic can be found in the **Partner Toolkit** http://www2.readaloud.org/toolkit

under March 2015 English and Spanish Materials. It is available in English and Spanish, as both JPEG and PDF files, and in 8.5x11 and 11x17 sizes. You will also find the graphic element extracted from the infographic (seen below) to use in reaching out to those in your network.



Please help us reach more parents with our new infographic. Beginning on Wednesday, we will be promoting in social media and with the press. We believe that when parents understand how beneficial reading aloud is during those early years of children's brain growth, they will absolutely do it. At the same time, we want to share how alarming the consequences are when children get off to a poor start. The early years are a fleeting opportunity, and if you wait, it's too late.

Is your local library, day care center, pediatrician's office, school or service organization already a **Read**

Aloud 15 MINUTES National Campaign Pulse

Partner? If not, share our new infographic with other groups in your community and ask them to join Library of Virginia as a Read Aloud Campaign Partner in Virginia by signing up at

www2.readaloud.org/becomeapartner

Thank you for helping more parents understand the incredible impact 15 minutes of daily reading aloud will have on their child's early development and learning success.

Best regards.

Û

Bob Robbins, Executive Director Read Aloud 15 MINUTES National Campaign Email: robbins.bob@readaloud.org

Email, March 17, 2015 🛛





Military Kids Marine Science Camp May 8-10, 2015





The Airfield 4-H Educational Center is hosting its first ever Military Kids Marine Science camp. Through hands on activities youth will learn all about the fascinating life in an aquatic eco system.

Eligibility: 9-13 year old military connected youth who have a parent/loved one in any phase of the deployment cycle.

Deadline: Registration opens on March 15th; the deadline is April 24, 2015.

Space is limited! A total of 40 participants per camp—Sign up Now!

For more information and to register please contact Michael McDermott at:

757-899-4901 or dermottm@vt.edu



If you are a person with a disability and desire any assistive devices, services or other accommodations to participate in this activity, please contact Christie Goodman, Program Director at the 4-H Office at 757-899-4901 during business hours of 8 a.m. and 5 p.m. to discuss accommodations 5 days prior to the event.

The Child & Youth Reintegration Support Camps are funded through a partnership of the Department of Defense, Office of the Secretary of Defense, Military Community & Family Policy, Office of Family Policy/Children and Youth and U.S. Department of Agriculture/National Institute of Food and Agriculture under Kansas State University Special Project number 2014-48713-22245.

Military Kids Espionage Camp: A Mountain Escape



June 5 - 7, 2015



This spy themed camp will build life skills and creativity. You will be challenged mentally and physically while coming together with your fellow "spies". Camp will include high and low rope activities, zipline, games, and museum trip.

- When: 5 7 June 2015
- Where: Northern VA 4-H Center (Front Royal, VA)
- Ages:12-15 years old
- Who: Military connected youth who have a parent/loved one in any phase of the deployment cycle
- Cost: FREE (Travel costs to camp are not covered)
- Registration: Opens on March 15th; available online at <u>www.nova4h.com/espionagecamp</u>

The camp will start at 6:00 PM on Friday, June 5th and will end Sunday, June 7th at 11:00 AM.

Contact: Shauna Manovich, shauna90@vt.edu or (540) 635-7171

Don't miss this fun camp! Only 40 campers will be accepted, so don't delay!





The Child & Youth Reintegration Support Camps are funded through a partnership of the Department of Defense, Office of the Secretary of Defense, Military Community & Family Policy, Office of Family Policy/Children and Youth and U.S. Department of Agriculture/National Institute of Food and Agriculture under Kansas State University Special Project number 2014-48713-22245.

Teen Wilderness Adventure Camp



The Virginia National Guard Youth Program, with funding through the DoD Kids Camp Grant, will host the 8th Annual Teen Wilderness Adventure Camp! This camp offers the perfect forum for teens to grow together in a non-traditional learning environment. Teens will participate in an array of outdoor activities that develop leadership, improve communication, and strengthen team building skills.

<u>Limited spots available!!</u>

When: 21-25 June 2015

 Where: Wilderness Adventure at Eagle Landing in New Castle, VA

• Ages:13 -17 years old

 Who: Military connected youth who have a parent/loved one in any phase of the deployment cycle.

Cost: \$20.00 per child

 Registration: To register, email contacts below for an application.

Joe Duerksen

Lead Child & Youth Coordinator Office: 804 236-7866 Cell: 804-519-8421 joe.m.duerksen.ctr@mail.mil



Silena Callis

Child & Youth Coordinator Office: 804-236-7865 Cell: 434-264-2926 Silena.m.callis.ctr@mail.mil



The Child & Youth Reintegration Support Camps are funded through a partnership of the Department of Defense, Office of the Secretary of Defense, Military Community & Family Policy, Office of Family Policy/Children and Youth and U.S. Department of Agriculture/National Institute of Food and Agriculture under Kansas State University Special Project number 2014-48713-22245.